



# SUSTAINABILITY BOOKLIST

by Sharon Peters 08/10

Sustainability as a lifestyle means that people live in harmony with the earth. One would consume only what is necessary. Thus one would live in a house no bigger than needed. One would limit, as much as possible, the amount of resources consumed and the volume of garbage left behind.

In order to reduce one's carbon footprint, a person would try to use less fossil fuel such as oil and gas. Instead, he/she would use renewable products and fuel sources. Purchasing locally produced food and goods limit the amount of fuels used to transport items from one location to another.



**Place hold**

## THE SHARING SOLUTION

By Janelle Orsi

**Call #: 179 Ors**

Sharing is an important strategy to reduce our environmental impact, gain financial health, and promote equity.



**Place hold**

## THE HEART OF SIMPLE LIVING

By Wanda Urbanska

**Call #: 179.9 Urb**

How to simplify your life through frugality, housing, work, decorating, gardening, healthy eating, etc.



**Place hold**

## GETTING GREEN DONE

By Auden Schendler

**Call #: 333.7 Sch**

According to this author, driving a Prius and recycling is not enough. Real change can only be made by big business and legislation. We must challenge the status quo.



**Place hold**

## NO IMPACT MAN: THE ADVENTURES OF A GUILTY

By Colin Beavan

**Call #: 333.72 Bea**

This chronicles the adventures and learning experiences of trying to live off the grid, leaving no net impact on the environment for one full year—in New York City.





**Place hold**

## **ED BEGLEY, JR.'S GUIDE TO SUSTAINABLE LIVING**

By Ed Begley

**Call #: 333.72 Beg**

The author teaches how to conserve resources and live an eco-conscious life. The green home audit, gardening, cleaning and decorating, babies and nurseries are some of the topics included.



**Place hold**

## **GREEN, GREENER, GREENEST**

By Lori Bongiorno

**Call #: 333.72 Bon**

This guide shows consumers that living green is much simpler than they may have thought.



**Place hold**

## **SLEEPING NAKED IS GREEN**

By Vanessa Farquharson

**Call #: 333.72 Far**

On her 366 day journey to become more ecologically minded the author chooses one activity to begin each day. Her candor and unsanctimonious attitude makes other eco-warriors seem dour in comparison.



**Place hold**

## **GREEN'S NOT BLACK AND WHITE**

By Dominic Muren

**Call #: 333.72 Mur**

Amusing text and color graphics give both sides of ecological issues. Topics include food, shopping, expanding energy resources, travel, and carbon footprinting, among others.



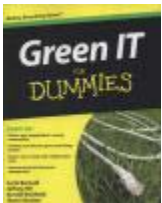
**Place hold**

## **ENERGY INDEPENDENCE**

By Christine Woodside

**Call #: 333.79 Woo**

Reduce fuel consumption by adopting some of the most viable and affordable alternative energy sources. Included are costs and the time needed to recoup the investment.



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## **GREEN IT FOR DUMMIES**

By Carol Baroundi

**Call #: 333.791 Gre**

This guide is packed with ideas that can help a company become a leader in green technology.



**Place hold**

## **THE GREEN BLUE BOOK: THE SIMPLE WATER-**

By Thomas Kostigen

**Call #: 333.911 Kos**

Simple tips for saving water, both the water you see and water intensive foods and products, help consumers make water wise decisions.





[Place hold](#)

## **TWO BILLION CARS**

By Daniel Sperling

**Call #: 388.342 Spe**

Beginning with a detailed expose of the car industry around the world, the author then gives ideas as to how to change the transportation industry to approach sustainability.



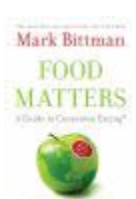
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## **THE BIKE TO WORK**

By Roni Sarig

**Call #: 338.347 Sar**

The authors provide the must-know information to make bicycle commuting possible. This includes choosing the right equipment and route, weather-proofing the ride, biking effectively, and maintaining the bicycle.



[Place hold](#)

## **FOOD MATTERS**

By Mark Bittman

**Call #: 613.2 Bit**

Starting with an explanation of how the food we eat is damaging the environment, Bittman brings the change needed on a personal level with recipes that are earth-friendly, healthy, and taste good.



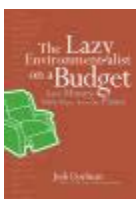
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## **FRESH FOOD FROM SMALL SPACES**

By R. J. Ruppenthal

**Call #: 635 Rup**

The author explains how to take stock of what small space is available to the urban gardener, and how to fill it with the appropriate crops so that it is possible to eat some fresh produce every day of the year.



[Place hold](#)

## **THE LAZY ENVIRONMENTALIST ON A BUDGET**

By Josh Dorfman

**Call #: 640 Dor**

The creator and host of *The Lazy Environmentalist* radio program expounds upon the 3 Rs: reduce, reuse, and recycle. This second book is full of product ideas that are earth friendly without breaking the bank.



[Place hold](#)

## **SHIFT YOUR HABIT: EASY WAYS TO SAVE YOUR**

By Elizabeth Rogers

**Call #: 640 Rog**

Hundreds of habit shifting suggestions any family can make. Moderation, efficiency, and simple living modifications can make a huge difference to the budget.



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## **SIMPLY GREEN**

By Melissa Seligman

**Call #: 640 Sel**

Printed on recycled paper, this guide gives small tips any family can follow to help reduce their carbon footprint in an economical way.



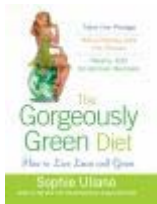
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## **50 GREEN PROJECTS FOR THE EVIL GENIUS**

By Jamil Shariff

**Call #: 640 Sha**

Starting with small everyday actions that help conserve energy and culminating with plans for a \$500 house; this is the source for plans, schematics, materials lists, etc. one needs for successful earth-saving projects.



**Place hold**

## **THE GORGEOUSLY GREEN DIET**

By Sophie Uliano

**Call #: 640 Uli**

This well known author's latest book is about how to love food, live healthy, lose weight, and save money--all while helping to save the planet.



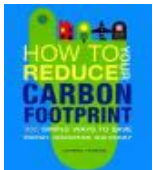
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## **COUNTRY LIVING SIMPLE COUNTRY WISDOM**

By Susan Waggoner

**Call #: 640 Wag**

The editors of *Country Living* magazine show over 500 old-fashioned ways to simplify life allowing concentration on a relaxed lifestyle with traditional values..



**Place hold**

## **HOW TO REDUCE YOUR CARBON FOOTPRINT**

By Joanna Yarrow

**Call #: 640 Yar**

Full of practical ideas that illustrate how sustainable living is good for the planet, your health, and your bank account.



**Place hold**

## **THE FARM TO TABLE COOKBOOK**

By Ivy Manning

**Call #: 641.563 Man**

Arranged by season, this book of recipes of food from farmer's markets and other local food sources is a beautifully illustrated journey through the culinary year.



**Place hold**

## **THIS GREEN HOUSE**

By Joshua Piven

**Call #: 643 Piv**

Green living from utilities, mechanical, and cold storage in the basement to wind power, solar cells, and fresh water collection on the roof.



**Place hold**

## **YOUR ECO-FRIENDLY HOME**

By Sid Davis

**Call #: 643.12 Dav**

The steps to follow from qualifying for energy efficient financing and working with a like-minded realtor or contractor, to choosing eco-friendly building and remodeling materials and appliances are covered here.



**Place hold**

## **COOKING GREEN**

By Kate HeyHoe

**Call #: 643.3 Hay**

Passive cooking techniques that allow cooking the same foods as usual with energy-efficient strategies to reduce fuel and water consumption.



**Place hold**

## **THE CARBON-FREE HOME**

By Stephen Hren

**Call #: 644 Hre**

This book shows how to reduce energy use and retrofit existing homes to obtain all heating, cooling, cooking, refrigeration, hot water, and electricity from renewable resources,



**Place hold**

## **SAVE ENERGY AND CUT YOUR BILLS**

By Nick White

**Call #: 644 Whi**

Using a combination of traditional and modern techniques, the author offers practical advice on how to cut energy consumption and costs.



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## **SEWING GREEN**

By Betz White

**Call #: 646.4 Whi**

These sewing projects are made with repurposed thrift store and back of the closet finds. Information about organic materials is also included.



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## **THE EVERYTHING GREEN BABY BOOK**

By Jenn Savedge

**Call #: 649.122 Sav**

Starting with a green pregnancy, this book continues to give advice for choosing the best products and practices to limit impact on the earth and raise a healthy baby.





**Place hold**

## **MORE NOT SO BIG SOLUTIONS FOR YOUR HOME**

By Sarah Susanka

**Call #: 728.37 Sus**

The author continues her philosophy of homes designed for the way humans really live. This volume is full of small remodeling ideas to tailor an existing home for better function, as well as beauty.



**Place hold**

## **THE BIG GREEN BOOK OF RECYCLED CRAFTS**

Editor in Chief, Susan White Sullivan

**Call #: 745.5 Big**

Over 100 earth-friendly projects show how to fill a home with handmade beauty made from plastic, paper, cans, glass, clothing and other recyclables.



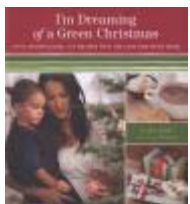
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## **LEARN AND PLAY THE GREEN WAY**

By Rhoda Redleaf

**Call #: 745.592 Red**

How to make toys out of recyclables that promote home-grown fun, as well as learning opportunities.



**Place hold**

## **I'M DREAMING OF A GREEN CHRISTMAS**

By Anna Getty

**Call #: 745.594 Get**

This book helps to bring the meaning back into Christmas by showing gifts, decorations, and recipes that use less and mean more.

